

Diffuser Blends

USING YOUNG LIVING ESSENTIAL OILS IN THE P.S.K.

Stink be Gone

3 Drops Lemon
3 Drops Citrus Fresh

Relax & Refresh

2 Drops Lavender
3 Drops Citrus Fresh

Fresh & Clean

3 Drops Citrus Fresh
3 Drops Thieves

Wake-up Right

2 Drops Stress Away
2 Drops Lemon

Focused Energy

3 Drops Lemon
2 Drops Peppermint

Reflection

3 Drops Frankincense
4 Drops Lemon

Beachy Day

2 Drops Lemon
3 Drops Stress Away

Carefree

2 Drops Copaiba
4 Drops Lavender

Calming

3 Drops Frankincense
2 Drops Copaiba

Sweet Dreams

2 Drops Copaiba
2 Drops Lavender
2 Drops Stress Away

YOUNG LIVING
ESSENTIAL OILS



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